

AUGUST

Rancho Verde Elementary Breakfast and Lunch



ANNOUNCEMENTS

Did you know?

Your café menus are created by a registered dietitian! Meals are designed to fuel your student's body with the nutrients it needs to succeed inside and outside the classroom!



SFE This institution is an equal opportunity provider.

Questions or Comments?
 Rey Ovalle, Director of Dining Services
 Phone: 956-800-0045



Monday Tuesday Wednesday Thursday Friday

	<p align="center">PUTTING CHILD NUTRITION FIRST! SFE is the new partnership K-12 Child Nutrition Service. We invite all students to Eat our freshest, most appetizing and most nutritious foods!!! Get a Full Lunch Plate to be entered to win a Special Prize for the Whole Month of August</p>			<p>Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast</p>
<p>14 Breakfast Whole Grain Blueberry Muffin & Fresh Apple Lunch Beef Ravioli w/ Roll & Crackers Crispy Chicken Corn Dog Ham & Cheese Wrap Peppered Broccoli</p>	<p>15 Breakfast Vanilla Yogurt w/ Graham Crackers & Fresh Orange Lunch Grilled Hamburger Orange Chicken w/ Brown Rice Creamy Alfredo Chicken Rotini Seasoned Peas & Carrots</p>	<p>16 Breakfast Egg, Cheese & Sausage Burrito & Fresh Apple Lunch Extreme Cheesy Nachos Spaghetti & HM Marinara w/ Meatballs Fresh Italian Chicken Salad Seasoned Refried Beans</p>	<p>17 Breakfast Whole Grain Maple Pancakes & Fresh Orange Lunch Breaded Chicken Sandwich Cheesy Chicken Fajita Tacos Pepper Steak w/ Roll & Brown Rice Spiced Green Beans</p>	<p>18 Breakfast Whole Grain French Toast & Fresh Apple Lunch Country Fried Steak Oven Baked Cheese Pizza Sun Butter & Jelly Sandwich w/ String Cheese & Crackers Seasoned Mashed Potatoes</p>
<p>21 Breakfast Mini Cinnamon Waffles & Raisins Lunch Beef & Broccoli w/ Rice Popcorn Chicken w/ Roll Oven Roasted Turkey Sandwich Italian Mixed Veggies</p>	<p>22 Breakfast Cinnamon Toast Crunch Cereal w/ Graham Cracker & Fresh Orange Lunch Creamy Macaroni & Cheese WG Mini Corn Dog Chicken Caesar Salad Peppered Broccoli</p>	<p>23 Breakfast Vanilla Yogurt w/ Graham Cracker & Fresh Banana Lunch Sweet & Sour Chicken w/ Seasoned Brown Rice Grilled Hamburger Whole Grain Ham Sub Crispy Tater Tots</p>	<p>24 Breakfast Morning Sausage Roll & Fresh Orange Lunch Broccoli & Cheese Baked Potato w/ Biscuit Grilled Chicken Patty Sandwich Fresh Garden Salad Crinkle Cut Carrots</p>	<p>25 Breakfast Whole Grain Apple Frudel & Raisins Lunch Juicy Hot Dog Oven Baked Cheese Pizza Classic Ham Sandwich w/ Crackers Spiced Green Beans</p>
<p>28 Breakfast Turkey Pancake on a Stick & Fresh Banana Lunch Country Chicken Pot Pie w/ Biscuit Crust Grilled Cheese Sandwich Classic Turkey Sub Peppered Corn</p>	<p>29 Breakfast Whole Grain Apple Cinnamon Muffin & Fresh Pears Lunch Spaghetti w/ Meaty Italian Sauce Patty Melt Sandwich Fresh Ham & Cheese Salad Creamed Spinach</p>	<p>30 Breakfast Egg, Cheese & Sausage Burrito & Fresh Banana Lunch Chicken Nuggets w/ Roll Beef & Bean Tostada w/ Spanish Rice Sun Butter & Jelly Sandwich Seasoned Potato Wedges</p>	<p>31 Breakfast Trix Cereal & Raisins Lunch Chicken Snowbowl w/ Whole Wheat Roll Cheesy Nachos Chunky Tuna Salad Wrap Spiced Green Beans</p>	

Student Breakfast Meal Price: FREE!!! Student Lunch Meal Price: FREE Breakfast Adult Meal Price: 2.50 Adult Meal Price: \$4.00