



## Los Fresnos High School and Los Fresnos United

### DRESS AND GROOMING

The District's dress code is established to teach grooming and hygiene, prevent disruption, and minimize safety hazards. At the principal's discretion, any article of clothing that is deemed inappropriate will not be permitted.

TOPIC	GUIDELINES
<b>Hair</b>	<ul style="list-style-type: none"><li>• Hair should be clean, well-groomed and not cover eyes or interfere with eyesight. Male's hair is not to extend beyond the collar, or obstruct vision. <b>Hair should meet standards on natural fall (without hair products). Hair should not extend beyond the middle of the ear.</b></li><li>• No distracting hairstyles (ie. Fohawks/Mohawks, Bursts, Man Buns, Mullets), <b>including symbols/initials cut into hairstyle or eyebrows</b>, will be permitted. Hair height cannot exceed 2 inches.</li><li>• Males will not be allowed to dye/highlight their hair.</li><li>• Females will not be permitted to utilize different color extensions or distracting color/chemical treatments. Unnatural hair colors will not be permitted.</li><li>• Ponytails, man buns, braids, or the like, etc. for males will not be allowed.</li><li>• No sideburns below the ear lobes will be allowed. They are to be square cut across the bottom and not flared.</li><li>• No facial hair, beards or mustaches for males will be permitted. All males must be clean shaven.</li><li>• No hair shall go below the bottom of a dress shirt type collar in the back when the head is held in an upright position for males.</li><li>• No hair curlers, rollers, nets, hair picks, etc. will be allowed without special permission for school function.</li></ul>
<b>Headwear</b>	<ul style="list-style-type: none"><li>• No distracting headbands or bandannas are permitted or to be shown.</li><li>• No type of headgear including caps, visors, hats, stocking type, nets, hoodies, etc.</li></ul>
<b>Footwear</b>	<ul style="list-style-type: none"><li>• Shoes must be worn at all times.</li><li>• Metal taps/tips, flip flops, sliders, house shoes, "heelies" (shoes with wheels) are <b>not permitted</b>.</li></ul>
<b>Clothing</b>	<ul style="list-style-type: none"><li>• Walking shorts dresses, skirts and /or skorts are to be no more than 4" above the knee. All pants, shorts, skirts, and other bottoms must be worn at waist level. Extracurricular uniforms that do not meet dress code may not be worn during the instructional day.</li><li>• Pictures, emblems, writings on clothing that are lewd, offensive, vulgar, depict violence, obscene or that advertise or depict Playboy, drugs, tobacco, alcohol, or other prohibited substances are prohibited.</li><li>• Clothing linked to gang related, gothic related, cult, or secret society</li></ul>

	<p>activity is prohibited.</p> <ul style="list-style-type: none"> <li>• Baggy, sagging, oversized, or tight fitting uniforms are not permitted. Any look that dramatizes the baggy pant style is prohibited. (No more than 6” of excess material at knee and ankle).</li> <li>• White T-shirts (undershirts), tank tops, halter tops, tube tops, are not to be worn as outer garments.</li> <li>• Appropriate undergarments are to be worn.</li> <li>• Tight, yoga pants, jeggings, leggings, or leotards worn as pants are prohibited except for classes deemed appropriate as approved by administration. (i.e. Dance/Theater classes)</li> <li>• Clothing that is torn, has holes, or that reveals underwear, cleavage, or torso is prohibited.</li> <li>• Frayed clothing or clothing that appears to be torn with patches is not allowed.</li> <li>• Shirts, tank tops, sleeveless shirts or vests that expose the underarm are not to be worn as outer garments for males.</li> <li>• Sleeveless shirts or any attire must reach the end of the shoulder for females.</li> <li>• Shirts shall be comfortably buttoned provided that chest is not exposed.</li> <li>• Sheer (see through) clothing is not permitted. See through clothing must be worn with dress code appropriate undershirt.</li> <li>• Full-length trench coats are prohibited.</li> </ul>
<b>Earrings/Piercing</b>	<ul style="list-style-type: none"> <li>• Girls are allowed to wear earrings, studs, on the ear lobes only. They are not to be worn on the nose, lips, tongue and eyebrows, bellybuttons, etc. Ear gauges and spikes will not be allowed. (No more than 2 piercings on ear lobes will be allowed.)</li> <li>• Boys are prohibited from wearing earring’s studs, strings, straws, or any bandage covering piercing, etc. on the ears, nose lips, tongue, eyebrows, etc.</li> <li>• Students are not permitted to have shaved portions of their natural eyebrow growth.</li> <li>• Body piercing or any bandage covering body piercing is prohibited for all students.</li> <li>• Dog collars, chains, spiked jewelry, “dental grills,” or wallet chains are prohibited.</li> <li>• Distracting makeup and nail polish is prohibited.</li> <li>• Sunglasses are not to be worn in the building unless a doctor’s certification is presented to campus administration.</li> <li>• Males are not permitted to wear facial or eye makeup, nail polish, dresses, skirts, etc.</li> </ul>
<b>Tattoos</b>	<ul style="list-style-type: none"> <li>• No visible tattoos. Tattoos must be covered with clothing/bandages.</li> </ul>