

SEPTEMBER

Pre-K Villareal Elementary

ANNOUNCEMENTS



Did you know?

Your café menus are created by a registered dietitian! Meals are designed to fuel your student's body with the nutrients it needs to succeed inside and outside the classroom!



SFE This institution is an equal opportunity provider.

Questions or Comments?
Rey Ovalle, Director of Dining Services
 Phone: 555-555-5555

Monday Tuesday Wednesday Thursday Friday

				<p>1 Breakfast Scramble Egg w/ Buttery Toast & Fresh Sliced Oranges</p> <p>Lunch Tangy Teriyaki BBQ Beef Dipper Sliders Peppered Broccoli Fresh Orange Slices</p>
<p>4 Breakfast Whole Grain Waffles Sticks & Fresh Apple</p> <p>Lunch WG Chicken Tenders California Blend Veggies Applesauce</p>	<p>5 Breakfast Cinnamon Toast Crunch & Fresh Sliced Oranges</p> <p>Lunch Homemade Cheese Enchilada Seasoned Refried beans Fresh Apple Slices</p>	<p>6 Breakfast Fluffy Banana Muffin & Grape Juice</p> <p>Lunch Grilled Hamburger Crispy Tater Tots Juicy Pineapple Tidbits</p>	<p>7 Breakfast Whole Wheat Bagel w/ Reduced Fat Cream Cheese & Apple Juice</p> <p>Lunch Oven Baked Rotini w/ Veggies Seasoned Peas & Carrots Juicy Tropical Fruit Salad</p>	<p>8 Breakfast Egg & Cheese Breakfast Taco & Fresh Apple Slices</p> <p>Lunch Turkey & Cheese Wrap Peppered Corn Juicy Mandarin Oranges</p>
<p>11 Breakfast Whole Grain Biscuit & Gravy & Fresh Apple</p> <p>Lunch Breaded Beef Fingers Peppered Broccoli Fresh Apple Slices</p>	<p>12 Breakfast Whole Grain Chocolate Chip Muffin & Fresh Sliced Oranges</p> <p>Lunch Breaded Chicken Sandwich Seasoned Potato Wedges Fresh Orange Slices</p>	<p>13 Breakfast Egg & Cheese Breakfast Taco & Fresh Apple Slices</p> <p>Lunch Beef Marinara Macaroni California Veggies Juicy Mandarin Oranges</p>	<p>14 Breakfast Egg & Cheese Bagel Sandwich & Fresh Sliced Oranges</p> <p>Lunch Green Chile Chicken Enchiladas Seasoned Refried Beans Fresh Apple Slices</p>	<p>15 Breakfast Cinnamon Toast Crunch & Fresh Apple</p> <p>Lunch Tangy BBQ Chicken Sandwich Seasoned Italian Mixed Veggies Juicy Pineapple Tidbits</p>
<p>18 Breakfast Whole Grain Blueberry Muffin & Fresh Apple</p> <p>Lunch Crispy Chicken Corn Dog Peppered Broccoli Juicy Pineapple Tidbits</p>	<p>19 Breakfast Whole Grain Brown Rice Krispies Cereal Fresh Sliced Oranges</p> <p>Lunch Zesty Orange Chicken Seasoned Peas & Carrots Applesauce</p>	<p>20 Breakfast Country Biscuit & Gravy w/Sausage Patty & Apple</p> <p>Lunch Spaghetti & HM Marinara w/ Meatballs Fresh Baby Carrots Fresh Apple Slices</p>	<p>21 Breakfast Egg & Cheese Biscuit Sandwich & Sliced Oranges</p> <p>Lunch Breaded Chicken Sandwich Spiced Green Beans Fresh Orange Slices</p>	<p>22 Breakfast Whole Grain Maple Pancakes & Fresh Apple</p> <p>Lunch Country Fried Steak Seasoned Mashed Potatoes Juicy Tropical Fruit Salad</p>
<p>25 Breakfast Fluffy Belgian Waffle & Fresh Apple</p> <p>Lunch Crispy Popcorn Chicken Italian Mixed Veggies Juicy Mandarin Oranges</p>	<p>26 Breakfast Egg & Sausage Breakfast Taco & Fresh Sliced Oranges</p> <p>Lunch Creamy Macaroni & Cheese Peppered Broccoli Fresh Orange Slices</p>	<p>27 Breakfast Cinnamon Toast Crunch & Fresh Banana</p> <p>Lunch Grilled Cheeseburger Crispy Tater Tots Juicy Tropical Fruit Salad</p>	<p>28 Breakfast Morning Sausage Roll & Apple Juice</p> <p>Lunch Grilled Chicken Patty Sandwich Crinkle Cut Carrots Juicy Pineapple Tidbits</p>	<p>29 Breakfast Whole Wheat Bagel w/ Reduced Fat Cream Cheese & Fresh Apple</p> <p>Lunch Classic Pepperoni Pizza Spiced Green Beans Applesauce</p>